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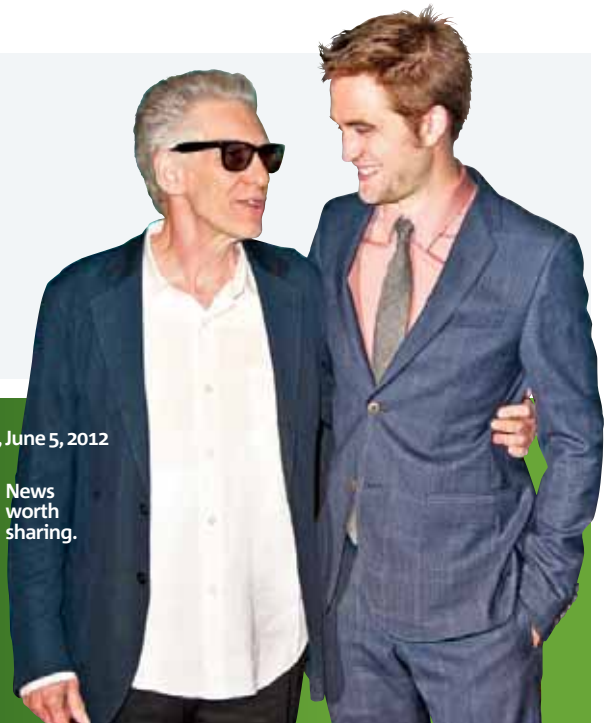
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REUNITED WITH ROB

PATTINSON TALKS ABOUT NEW FILM

WITH DIRECTOR DAVID CRONENBERG PAGE 13



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Tuesday, June 5, 2012



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Bureaucrat shuffle could cost up to \$2.4M

June 20 deadline.

Departments to determine how many employees will move



**ALEX
BOUTILIER**
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Relocating 93 public servants from Halifax to rural areas of the province could cost Nova Scotia taxpayers up to \$2.4 million.

Documents obtained by Metro Halifax put the cost of relocating the bureaucrats from Halifax between \$500,000 and \$800,000 per department.

Fisheries employees will move to Shelburne, agriculture employees to Truro, and justice employees to New Waterford.

Documents from the Department of Justice include two pages breaking down the cost for their department, but the pages are entirely redacted.

An e-mail exchange on the topic of cost between Judith Ferguson — the deputy minister of justice, Paul Black — Premier Darrell Dexter's director of policy, and David Darrow, — Dexter's deputy minister, was also completely redacted.

That exchange took place a day before the province gave details on the relocation, first announced in March's Speech from the Throne, on April 30.

Dexter told reporters that day the province did not know how much the moves were expected to cost. And the premier's spokesperson said Monday it's still premature to talk about the price tag.

"Yes, there is a range," said Jennifer Stewart. "(But)

it would just be premature to talk at all about the cost before you have all those other factors in line first."

The documents note several times that the move is expected to be cost neutral over the long term due to cheaper rent outside the capital.

Liberal Leader Stephen McNeil was not confident the government has done the work to back up that claim.

"Without going out and doing a full cost analysis of what this might be, (the NDP) just decided to move government jobs," McNeil said.

Progressive Conservative Leader Jamie Baillie called the move a "cruel and expensive shell game."

"In order to achieve the public relations benefit of appearing to do something, they're going to spend \$2.4 million," said Baillie.

BODY-PARTS SUSPECT ARRESTED IN BERLIN

PAGE 6

Employee Kadir Anlayisli stands outside an Internet café in Berlin on Monday where Luka Rocco Magnotta, dubbed the "Canadian psycho," was arrested earlier by German police. ADAM BERRY/GETTY IMAGES

Hot summer in the forecast

Climatologists predict above-average temps PAGE 4

Adele rolling in the Spanx

Singer turned to shapewear for Grammy appearance PAGE 14

Unprotected Mooseheads

Two players will likely go to expansion team PAGE 20



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Police seek tips

Arson suspected in two car fires

Police are investigating two arson cases that happened Monday morning in Dartmouth, both involving Chevrolet Cavaliers.

The first one was found at 2 a.m. Monday on Joseph Young Street, where police were called to a report of a vehicle on fire.

No one was hurt, but a Nissan parked beside the Cavalier was also damaged.

A second Cavalier was set on fire around 3:20 a.m. in the 100 block of Pinecrest Drive.

Investigators are exploring the possibility the incidents are connected, and are asking anyone with information to come forward.

HALEY RYAN/FOR METRO

Annual event since 1991

Unusual finds at McNabs cleanup

A plastic swan, a portable toilet, a stuffed frog and one of the Cunard Centre's signs were among some of the more interesting finds at this weekend's McNabs Island Beach Cleanup.

The 200 volunteers removed 450 bags' worth of garbage from the island — mainly plastics, Styrofoam, coffee cups and other trash and recyclable items — and hauled them via fishing boat to waiting HRM trucks.

Particularly troubling, said Friends of McNabs Island Society in a release Monday, was the number of tampon applicators that washed ashore there yet again over this year.

"The HRM sewage treatment plants are supposed to filter out this garbage, but clearly they don't work like they should," said Cathy McCarthy, one of the cleanup's organizers, adding that she'd like to remind women not to flush the products down the toilet. SPENCER BUELL/FOR METRO

Suspension. Psychiatrist rapped for treating family member

A Nova Scotia psychiatrist has been suspended for treating a family member.

The College of Physicians and Surgeons of Nova Scotia says it has suspended Dr. Javed Ali of Sydney for two months following an investigation.

The college says it launched an investigation

after a complaint that Ali had taken a family member home instead of transferring them from one hospital to another for psychiatric care in 2010.

The complaint also alleged Ali administered medications to the family member that were contrary to prescribed times and dosages.

THE CANADIAN PRESS

Investigation. New home vandalized, set on fire: RCMP

Nova Scotia RCMP are searching for suspects after a home under construction in Beaver Harbour was vandalized and later set on fire.

Police were called to the home on Passage Road late Sunday to investigate a break-and-enter. Spokesman Cpl. Scott MacRae says all the windows in the home were smashed.

It's believed the suspects fled in a vehicle.

About three hours later, fire crews were called to the same home after neighbours reported seeing flames.

Police say the fire is suspicious.

MacRae says damage to the home was extensive.

THE CANADIAN PRESS

Conservation groups unite against aquaculture strategy

Moratorium urged.

More than 100 groups gather in Halifax to voice concerns over open-pen salmon farms



ALEX BOUTILIER
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More than 100 conservation groups and commercial fisheries organizations came together in Halifax on Monday to voice their concerns about Nova Scotia's new aquaculture strategy.

About 250 people filled a conference room at the Lord Nelson hotel Monday to call on the government to impose a three-year moratorium on open-net pen fish farming.

"Premier Darrell Dexter, we have a message for you today: You do not have permission to do this," said Raymond Plourde with the Ecology Action Centre.

"We elect (a government) to provide good governance (and) wise, considered decision-making. We do not elect them to provide ham-fisted autocracy and decisions by royal proclamation that the serfs and vassals of the province must live with."

Plourde and other presenters detailed a number of concerns about fish farming,

Quoted

"Some of the concerns that are expressed from those that don't want salmon aquaculture ... the science and information when we balance it all out, we certainly don't see the risks that are put before us by that one perspective."

Associate Deputy Minister Greg Roach

including increased waste dumped into the ocean and the use of potentially harmful pesticides. The topic made headlines recently after a number of pen-raised salmon had to be destroyed due to an outbreak of infectious salmon anemia in the Shelburne area.

"We said, look, just like we said, all these problems and viruses! What does (Fisheries and Aquaculture Minister Sterling Belliveau) say? He says, 'To me, it's just another normal day in aquaculture,'" said Plourde.

There are currently nine open-net salmon pens in Nova Scotia, according to the government. Four other applications are currently working their way through the system.

The groups also slammed a perceived lack of consulta-



Lewis Hinks, left, from the Atlantic Salmon Federation and Carl Purcell from the Nova Scotia Salmon Association attend an aquaculture press conference at the Lord Nelson hotel on Monday afternoon. RYAN TAPLIN/METRO

tions on the strategy.

But Greg Roach, an associate deputy minister with the Department of Fisheries and Aquaculture, said the groups had plenty of opportunities to weigh in.

"The strategy has been in the works for a number of

years," said Roach, citing references in speeches from the throne, a discussion paper and open house, and polling.

"I respect people probably wanted to see a draft and then more and more consultation. But like I say, it's been in the works for a number of years."

On the web

To catch an alleged killer

Visit metronews.ca to see a timeline and video of events in the dismemberment-slashing manhunt that led to the arrest of Luka Rocco Magnotta at a Berlin cyber-café.

Mobile news



China's share benchmark has fallen afoul of the country's Internet censors by appearing to mark the 23rd anniversary of the Tiananmen Square crackdown on pro-democracy protesters. Scan the code to read the complete story.

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Fatal accident

Motorcycle crash kills 16-year-old

The RCMP in New Brunswick say a 16-year-old boy is dead following a motorcycle crash near Moncton.

Police say Sunday's accident occurred on Route 490 in Ammon. It's believed he lost control and left the road while trying to pass another vehicle. The victim's name has not been released. **THE CANADIAN PRESS**

Stewiacke

Man in custody after armed robbery

A 21-year-old Indian Brook man is in police custody following an armed robbery Sunday night in

Stewiacke. RCMP Sgt. Al Afleck said the robbery happened about 10 p.m. Sunday at the Petro-Can service station on Main Street. He said a lone male threatened the store clerk with a syringe then fled on foot with an undisclosed amount of cash and lottery tickets. The clerk was unharmed in the incident. **TRURO DAILY NEWS**

Police check stop

Spike belt stops fleeing motorist

A Fredericton man is facing charges after the RCMP used a spike belt to stop a driver who sped away from a police check stop on Saturday night. Police say the 23-year-old driver was being questioned by officers on Highway 640 in McAdam when he suddenly sped away. **THE CANADIAN PRESS**



International development student Ariane Michaud enjoys the warm weather as she hangs out at Dalhousie. Long-range forecasts call for above-average temperatures in Halifax this summer. **RYAN TAPLIN/METRO**

Events. Warm weather helps waterfront's summer lineup

Halifax's busiest summer is coming at the perfect time.

With Environment Canada's recent news that the city has warm months ahead, big events like Tall Ships, the Halifax Jazz Festival and the world junior volleyball championships are in luck.

"Good weather makes the difference to everybody's summer; there's no question about that," said Colin MacLean, head of the Waterfront Development Corporation.

With most of the attractions planned as outdoors, MacLean said his organization has to be prepared for every type of weather anyway. Tents and other shelters will protect spectators from rain, as well as provide shade in the sun.

Nearly every week this season there will be something going on down by the boardwalk, and MacLean said there are more music events than ever,

Quoted

"The summer will provide the widest range of outdoor entertainment we've seen ever on the waterfront."

Colin MacLean, head of the Waterfront Development Corporation

including Monday's announcement of a Hey Rosetta! concert on George's Island.

"The summer will provide the widest range of outdoor entertainment we've seen ever on the waterfront," MacLean said.

Besides music, the national book and magazine festival, World on the Street, will be returning in September, and the popular alfresco filmFesto will be showing movies every Friday night through July and August.

HALEY RYAN/METRO

Get ready, hot summer ahead

Weather forecast.

Environment Canada calls for above-average temperatures and lots of rain

HALEY RYAN

halifax@metronews.ca

There's some hot stuff in store for Halifax.

Summer temperatures are forecast to be above-average this year, said Environment Canada's David Phillips.

He said on average the past 11 months broke temperature records previously set in 2005.

"You're on a roll," Phillips said, "you've gone from July

QUOTED

"The strong west winds will help to break hurricanes up and bring the numbers down."

Patrick Cool, meteorologist for the Weather Network

through to May with every one of those months being warmer than normal."

Phillips added there's nothing to suggest this stretch of great weather will change, because "what you see is what you're going to get" and we've been lucky so far.

"It's like trying to turn an ocean liner in a port, it's not easily done," said Phillips about flip-flopping from warm to cold weather.

For the month of June, Phil-

lips predicts higher than normal temperatures, which could be anything from one degree above average (19 C) and up.

July and August are looking to be warmer and wetter than normal for most of Atlantic Canada, but Phillips said predicting rainfall amounts is tricky and changes all the time.

"I wouldn't be too worried about that," he said on the news of above-average rainfall, "I'd never cancel my holidays or social engagements based

on precipitation forecast for a month in advance."

Patrick Cool, meteorologist for the Weather Network, had a similar warm-weather forecast and added he expects we won't have too many hurricanes to worry about.

"The strong west winds will help to break hurricanes up and bring the numbers down," he said.

Phillips said we have to thank our American neighbours for sending up warm air which helps with high temperatures.

"We tend to get more Obama-air, which is more of a flow from the south," said Phillips.

"I think it will be better than last summer."



It's time to Reduce your home's clutter

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www.myhrm.ca

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What Where?

Eco-adventuring

Nature trust plans fundraising trips

A new Nova Scotia-based program will take adventurers to exotic wilderness areas across the globe in a bid to raise funds for protected areas in the province's backyard.

The Nova Scotia Na-

ture Trust initiative is aimed at connecting outdoor enthusiasts with the province's wilderness by showing them already-protected parks around the world, said Bonnie Sutherland, executive director of the trust. The first trip will take participants to Torre del Paine National Park in Patagonia, Chile.

THE CANADIAN PRESS

Convenience-store heist

Police investigate Herring Cove Road robbery

There was an attempted robbery Sunday night at the Herring Cove Road Needs store. Around 9:40 p.m. a man entered the store, threatened the cashier with

syringes and demanded money. The employee didn't hand anything over, and the suspect fled on foot. No one was injured.

The suspect is 30 to 35 years old and heavyset. He had a full beard, and was dressed in dark clothing. Anyone with information about the incident is asked to contact police.

HAYLEY RYAN/METRO

Town council

Development may not happen

Doubt is rising that a major Wade Road development will come to fruition.

Last September, Truro town council discussed the proposal of a three-storey development, modelled after Dartmouth Crossing,

on Wade Road across from Kent Building Supplies. The \$30-million proposal with Halifax developer John Hampson projected 20 stores and a three-storey office development.

But those plans don't appear to be happening, said Jason Fox, the town's director of planning and development, on Monday.

TRURO DAILY NEWS

Mill buyer hopes to save \$32M with power deal

Proposed partnership.

Agreement is needed for mill to be viable, Pacific West says

The company working to buy the shuttered NewPage mill expects to save about \$32 million in electrical costs in its first year of operation compared with its existing power rate if a complicated new arrangement with Nova Scotia Power Inc. is approved by regulators.

That information is among the details about the deal contained in documents filed with the Nova Scotia Utility and Review Board last week.

In the filings, Pacific West Commercial Corp. said that if the proposed agreement is not approved, the mill will not be economically viable.

The application will go before regulators at a hearing beginning July 16. The



A view of the NewPage Mill.
CAPE BRETON POST

agreement involves NSPI taking a 30 per cent ownership position in the mill. It must also be approved by Revenue Canada.

The reason for forming the limited partnership is to protect other NewPage assets from potential claims of creditors of the mill arising after the resumption of the operation of the mill and to allow the general partner to direct the day-to-day operations of the mill, the documents state.

The mill has been shut down since last September and is in creditor protection. CAPE BRETON POST



Above, Georges Island is seen in a view from Fenwick Tower. It will play host to a concert by Hey Rosetta! as part of the Tall Ships festival in July. RYAN TAPLIN/METRO FILE Inset, members of Hey Rosetta! SUBMITTED

Tall Ships festival. Hey Rosetta! to headline concert on Georges Island

Newfoundland-based Hey Rosetta! will headline an afternoon concert during Tall Ships this summer on Georges Island in Halifax Harbour.

The Juno-nominated six-piece, known for their fu-

sion of indie rock with a violin and cello, will play at the 19-plus show July 21 from 1 p.m. to 4 p.m. Additional acts will be announced later.

"This is a rare opportunity to experience some

incredible music in the middle of the harbour, with the spectacular backdrop of tall ships," said Colin MacLean, president and CEO of Waterfront Development.

Ticket prices range from \$40 plus fees for general ad-

mission to \$80 plus fees for VIP.

Tickets go on sale at noon on Friday, and only 2,000 tickets will be available on a first-come, first-served basis.

SPENCER BUELL/METRO

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'Carver from Montreal' Magnotta arrested in Berlin Internet cafe

Warning: Graphic Content. 'OK, you got me,' says Magnotta, who was arrested without incident

Luka Rocco Magnotta, Canada's most-wanted fugitive, was arrested in Berlin on Monday after being spotted reading news reports about himself on the Internet.

His capture came less than a week after international police launched a worldwide manhunt for the alleged killer from Montreal.

A Berlin police spokesman told The Canadian Press that Magnotta was nabbed at about 2 p.m. local time at an Internet cafe in the German capital. Montreal police later confirmed his arrest.

Magnotta, 29, is facing five charges in Montreal, including first-degree murder, in the brutal slaying and dismemberment of Jun Lin, a Chinese national who was studying at Concordia University.

Lin's torso was found stuffed inside a suitcase on a Montreal curb outside Magnotta's apartment building last Tuesday. Other body parts, including a hand and



This image taken from CCTV obtained by Associated Press video shows Luka Rocco Magnotta, second left, being removed by police from the Internet cafe in the district of Neukoelln in Berlin on Monday. THE ASSOCIATED PRESS

foot, were mailed to the offices of political parties in Ottawa.

Montreal police said Magnotta fled Canada for France about a day after Lin's death, which is believed to have occurred sometime overnight between May 24 and May 25.

Police confirmed Magnotta was seen in Paris over the weekend.

On Monday, authorities in Berlin — more than 1,000 kilometres from Paris — caught up with the fugitive.

Berlin police were called into an Internet cafe on a tip after someone recognized

Magnotta.

"He did not resist," Chief Supt. Stefan Redlich said in a phone interview.

"He was arrested without a fight."

The owner of the cafe, in Berlin's working-class Neukoelln district, told The Associated Press that Magnotta had

come in to read news reports about himself when one of his employees recognized him.

"A colleague recognized him from his photo, because he'd just read the newspaper," said the owner, who spoke on condition that he not be identified by name.

THE CANADIAN PRESS

PM Harper addresses arrest

Prime Minister Stephen Harper commended police on Monday for catching Magnotta.

"Well, I'm obviously pleased that the suspect has been arrested, and I just want to congratulate the police forces on their good work," the prime minister said in London, where he is attending the Queen's Diamond Jubilee.

Back in Montreal, Lin's former boss said Monday that there's no way to bring the 33-year-old back, but he's glad the suspect has been arrested.

"I feel like there is justice — it does exist," said Kankan Huang, owner of a convenience store where the computer-science student worked part-time as a cashier since last August.

Along with murder, Magnotta is also facing other charges in Canada, including corrupting morals; causing an indignity to a body; using the mail system to deliver "obscene, indecent, immoral or scurrilous" material; and harassing the prime minister.

Missing women. Pickton inquiry a failure: Families

A lawyer representing families of Robert Pickton's victims has denounced a public inquiry as a failure, arguing it didn't hear enough evidence to determine why the serial killer was able to murder with impunity.

Cameron Ward, who represents the families of more than two dozen missing and murdered women, says the inquiry neglected to hear from a number of crucial witnesses and allowed the police to decide which evidence and documents to disclose.

Because of that, Ward says the families have no confidence commissioner Wally Oppal will get to the bottom of the police failures that allowed Pickton to murder sex

workers for years before he was finally caught.

Ward says Oppal ceded to an unfair deadline imposed by the provincial government, rushing through witnesses and skipping others, including numerous police officers involved in the Pickton investigation.

He says the police were given too much control over the inquiry process, refusing to disclose hundreds of thousands of documents.

Ward says the evidence the inquiry did hear showed police were negligent in failing to investigate reports of missing women, and that a police culture of disdain towards sex workers was partly to blame.

THE CANADIAN PRESS

Death row inmate deserves to life, says co-defendant

A Canadian man who was convicted along with Ronald Smith in the murder of two Montana men 30 years ago says his co-defendant saved his life and deserves to live.

Rodney Munro told

The Canadian Press that he thanks God every day for Smith, who is sitting on death row in Montana. Smith's fate is now in the hands of Montana Gov. Brian Schweitzer after the state board of pardons recommended against granting Smith clemency for the deaths of Harvey Madman Jr. and Thomas Running Rabbit.

THE ASSOCIATED PRESS

Environmental groups stage mass blackout of 500 websites

Some 500 organizations are blacking out their websites in a day of protest against government omnibus budget bill C-38 and its clampdown on environmental charities doing advocacy work.

"Bill C-38 is reflective of a deeply troubling pattern to silence voices talking about environmental issues," said Alex Neve, Secretary General for Amnesty International Canada, flanked by representatives from the Sierra Club and Environmental Defence.

Replacing the Canadian Environmental Assessment Act, the bill brings in new rules for environmental charities that advocate for better laws and policies, limiting how much advocacy work those groups can do. The law can also override National Energy Board decisions and will speed up the environmental review process by reducing the number of studies conducted and shut citizen groups from environmental reviews for pipelines.

"The government did not run with the gutting of the Environmental Assessment Act and Fisheries Act as part



David Suzuki, left, and former Conservative fisheries minister John Fraser attend a news conference where they and other environmental groups spoke out against the federal budget bill C-38 in Vancouver Monday. JONATHAN HAYWARD/THE CANADIAN PRESS

of its platform," said Rick Smith, executive director of Environmental Defence, who said that one third of the bill looks at short-circuiting environmental laws.

The bill will cut the number of environmental advisers working in the government and will scuttle the National Round Table on the Environment and the Econ-

omy, which has been releasing documents on how Canada could cope with climate change.

"Today, hundreds of organizations and individuals are speaking out in support of two core Canadian values: the protection of nature and democratic discussion," said scientist and activist Dr. David Suzuki. "These values

are the foundation of the peace, order and good government that define our nation, yet they are threatened by the federal government's omnibus budget bill, C-38."

The action is led by the David Suzuki Foundation, Ecojustice, Greenpeace, the Pembina Institute and Sierra Club Canada.

GRAHAM LANKTREE/METRO IN OTTAWA

Sentenced. Woman convicted of manslaughter for drowning two sons

A woman who drowned her two young sons in the bathtub of the family home was sentenced Monday to six years for manslaughter, but will be eligible for parole in less than a year.

Allyson McConnell, who is originally from Australia, is getting two-for-one credit for the time she has already spent in Alberta Hospital in Edmonton, meaning there are 15 months left in her sentence. She will be eligible for parole in 10 months.

Justice Michelle Crighton recommended McConnell remain at the mental hospital until doctors believe she is well enough to be transferred to another facility.

She pointed out McConnell might never go free because she is still under a mental health warrant and it is up to her treatment team to decide if she is well enough to return to society.

The boys' grandmother and father cried in court, but McConnell sat quietly and showed no emotion. When asked by the judge if she had anything to say, she answered simply: "no."

McConnell was originally charged with second-degree

Emotional Case

The boy's paternal grandparents have each made emotional statements.

- The grandfather questioned whether the sentence would stop people from killing children. "This is crazy. I can't believe it," he said.
- "I cried for days knowing there would be no new ones," the grandmother said after cleaning fingerprints left by the children.

murder, but Crighton convicted her of manslaughter in April. The judge said there was a "black hole" in McConnell's memory and no one could know whether the depressed and suicidal woman meant to kill her boys.

McConnell and her husband were in the middle of a bitter divorce and she wanted to take their children back to Australia.

The Crown is appealing the manslaughter conviction.

THE CANADIAN PRESS

Eaton Centre. Toronto shooting likely not gang-related, police say

The deadly weekend shooting rampage at the landmark Eaton Centre was not likely gang related, Toronto police said Monday.

Christopher Husbands, 23, of Toronto, turned himself in early Monday and faces one count of first-degree murder and six counts of attempted murder, said Det. Sgt. Brian Borg, the lead investigator in the case.

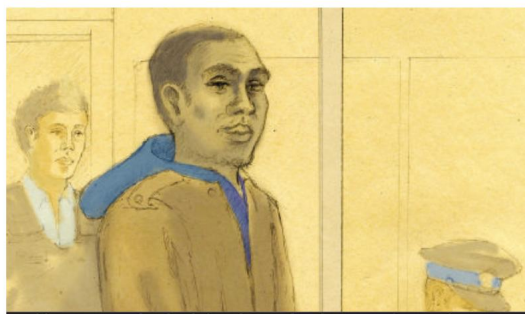
Husbands is known to police, and at the time of the shooting was under house arrest for a previous charge, Borg revealed at a news conference.

There are indications that Husbands and the 24-year-old man who died in Saturday's shooting, who police have said was believed to have gang ties, knew each other, Borg added.

Regardless, Borg said, "I do not believe that this is a gang-motivated homicide. I believe there's personal aspects involved."

The shooting at the shopping centre also left six people wounded and a pregnant woman needed hospital treatment after she was trampled.

Two people remain in hospital. THE CANADIAN PRESS



In this courtroom sketch, Christopher Husbands appears in court in Toronto on Monday. CHRIS YOUNG/THE CANADIAN PRESS

Northwestern Ontario

Two First Nations still plagued by mercury poison

A report from a Japanese doctor says two northwestern Ontario First Nations are still plagued by the effects of mercury poisoning that first surfaced in the 1960s.

Dr. Masazumi Harada, a mercury expert, has visited the Grassy Narrows and White Dog communities several times since a paper mill in Dryden, Ont., stopped dumping mercury into the English-Wabigoon river. THE CANADIAN PRESS

Catch of the day

Fisherman reels in homemade bomb

A Saskatchewan fisherman looking to reel in a big one got more than he bargained for.

The RCMP explosives disposal unit confirmed it was a type of homemade explosive device and was defused at the scene. Police are trying to find out how it got in the reservoir.

THE CANADIAN PRESS

Bear fight

Man struck by bear in hot tub

A man who felt a heavy blow to the back of his head as he was relaxing in an outdoor hot tub in Whistler, B.C. Sunday got a nasty shock when he spun around to find himself face to face with a full-grown black bear.

Staff Sgt. Steve LeClair said the 55-year-old Vancouver-area man yelled at the bear and was able to escape into the house.

KATE WEBB/METRO IN VANCOUVER

Human remains

B.C. Black bear euthanized

Conservation officers have euthanized a black bear that is believed to be the animal that ate human remains south of Kamloops, B.C.

Environment Minister Terry Lake says the creature was trapped Friday and was put down over the weekend because bears remember food sources and this one had clearly lost its fear of humans.

THE CANADIAN PRESS

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Vatican condemns nun's book on sex

Controversy. Author takes on masturbation, homosexuality

The Vatican on Monday sharply criticized a book on sexuality written by a prominent American nun, saying it contradicted church teaching on issues like masturbation, homosexuality and marriage and that its author had a "defective understanding" of Catholic theology.

The Vatican's orthodoxy office said the book, *Just Love: A Framework for Christian Sexual Ethics*, by Sister Margaret Farley, a member of the Sisters of Mercy religious order and emeritus professor of Christian ethics at Yale Divinity School, posed "grave harm" to the faithful.

The Congregation for the Doctrine of the Faith said that in the 2006 book, Farley either ignored church teaching on core issues of human sexuality or treated it as merely one opinion among many.

Farley said she never intended the book to reflect official



Pope Benedict XVI in Bresso, Italy.
ANTONIO CALANNI/THE ASSOCIATED PRESS

Catholic teaching. Rather, she said, she wrote it to explore sexuality via various religious traditions, theological resources and human experience.

The Farley critique, signed by the American head of the congregation, Cardinal William Levada, comes amid the Vatican's recent crackdown on the largest umbrella group of American sisters. The Vatican last month essentially imposed martial law on the Leadership Conference of Women Reli-

gious, accusing it of undermining church teaching and imposing certain "radical feminist themes" that were incompatible with Catholicism.

The Vatican said Farley's book "affirms positions that are in direct contradiction with Catholic teaching in the field of sexual morality."

Farley, for example, writes that masturbation doesn't raise any moral problems and can actually help relationships. The Vatican asserted that according to church teaching "masturbation is an intrinsically and gravely disordered action."

Farley wrote that homosexuals and their activities should be respected. The Church holds that gays should be respected but that homosexual acts are "intrinsically disordered."

On gay marriage, Farley said legal recognition of gay marriage can help transform the stigmatization of gays. Levada wrote back that approving gay marriage would not only signal approval of "deviant behaviour" but would obscure the value of traditional marriage.

THE ASSOCIATED PRESS



Tiananmen remembered

People take part in a candlelight vigil at Hong Kong's Victoria Park Monday to mark the 23rd anniversary of the Chinese military crackdown on pro-democracy protesters at the Tiananmen Square in Beijing. KIN CHEUNG/THE ASSOCIATED PRESS

Denmark

Would-be Danish cartoon avengers jailed 12 years

Four men who planned a shooting spree at the office of a Danish newspaper that published cartoons of the prophet Muhammad were found guilty of terrorism Monday and sentenced each to 12 years in prison.

THE ASSOCIATED PRESS

Peru

Murderer to be extradited to U.S.

Peru's Supreme Court has approved Joran van der Sloot's extradition to stand trial in the U.S., but only after the confessed murderer has served out his 28-year prison sentence in Peru.

Van der Sloot, 24, faces extortion and mail fraud charges in Alabama in connection with the unsolved 2005 disappearance of American teen Natalee Holloway in Aruba exactly five years before he killed Peruvian student Stephany Flores.

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Workers look for ground victims

Nigeria. Officials fear 'many people' in residential area may have been killed when airplane crashed

Police dogs sniffed for dead bodies Monday in the rubble of buildings destroyed when an airliner crashed into them, killing all 153 aboard, as cranes lifted away heavy pieces of debris in the grisly aftermath of Nigeria's worst air disaster in nearly two decades.

Rescue officials said they fear many more people may have perished on the ground. The airline involved said an investigation had begun into the cause of Sunday's crash.

A Nigeria Red Cross report said 110 bodies had been recovered, with more being dug out from the rubble. A U.S. official said American citizens had been aboard the flight.

The pilots reported engine trouble before the plane fell out of the sky on a clear afternoon, smashing into businesses and crowded apartment buildings near Lagos' Murtala Muhammed International Airport. The flight was bound for

Lagos, Nigeria's commercial centre, from Abuja, the capital. Two years ago, the same MD-83 lost engine power due to a bird strike.

"The fear is that since it happened in a residential area, there may have been many people killed," said Yushau Shuaib, a spokesman for Nigeria's National Emergency Management Agency.

Overnight, officials brought in a large crane from a local construction company to lift the tail of the aircraft and other debris, as well as blow torches to cut through the aircraft wreckage.

The debris still smouldered Monday morning. Some emergency workers wore masks to try and protect themselves from the stench of the dead.

Nigerian President Goodluck Jonathan spent about 20 minutes looking at the wreckage with federal lawmakers and said the crash was a setback to Nigeria's growing aviation industry.

"We will make sure this will not repeat itself in this country," he said, a pledge that will be hard to keep in a nation with a history of major passenger plane crashes in the last 20 years.

THE ASSOCIATED PRESS



Rescue workers gather at the site of a plane crash in Lagos, Nigeria on Monday. A passenger plane carrying more than 150 people crashed in Nigeria's largest city on Sunday, officials said. Firefighters pulled at least one body from a building that was damaged by the crash, and searched for survivors as several charred corpses could be seen in the rubble. SUNDAY ALAMBA/THE ASSOCIATED PRESS

Nigeria. Extremist sect claims responsibility for deadly weekend bombing outside church

A radical Islamist sect has claimed responsibility for a suicide car bombing at a church in northern Nigeria that killed at least 15 people.

In a statement sent to journalists Monday, a spokesman for the sect known as Boko Haram claimed Sunday's attack in the city of Bauchi, the

capital of Bauchi state. The statement also again threatened journalists in Nigeria over what the statement described as biased stories about the sect's actions.

Sunday's bombing wounded dozens of people, as the car bomb detonated as worshippers left an early morning

church service.

Boko Haram is waging an increasingly bloody sectarian fight with Nigeria's weak central government.

The sect is blamed for killing more than 550 people this year alone, according to an Associated Press count.

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Facebook. Site testing kid-friendly access

Though Facebook bans children under 13, millions of them have profiles on the site by lying about their age.

The company is now testing ways to allow those kids to participate without needing to lie. This would likely be under parental supervision, such as by connecting children's accounts to their parents' accounts.

Such information collection is central to Facebook. Every photo or status update a kid posts on Facebook could count as information collection. Many companies consider the parental-consent requirement too burdensome, so they simply ban all children under 13 instead.

There are an estimated 7.5 million kids under 13 on Facebook, out of more than 900

Stock

Facebook's stock is edging slightly lower along with the broader market on Monday. Shares of Facebook Inc. slid 82 cents to \$26.90 US in late morning trading.

million users worldwide.

In a statement, Facebook noted that many recent reports have highlighted "just how difficult it is to enforce age restrictions on the Internet, especially when parents want their children to access online content and services."

The report comes just two weeks after Facebook began trading stock as a public company. **THE ASSOCIATED PRESS**

Market Minute



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TSX
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GOLD
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Natural gas: \$2.415 US (+8.9¢)
Dow Jones: 12,101.46 (-17.11)

Air Canada shareholders OK airline's executive pay plan

Looking low-cost.

Company still focusing on discount carrier at annual meeting

Air Canada's top executive says the launch of a new low-cost carrier remains a top priority for the airline, as it grapples to make profound changes to the way it does business.

"We need to participate in this segment of the market in one manner or another," Air Canada chief executive Calin Rovinescu said Monday in a speech to shareholders.

He said Air Canada is sensitive to the views of its pilots and wants to make sure that whatever time frame it takes with the low-cost carrier is consistent with the discussions of the arbitration process set up by the federal government.

The pilots are one of two major labour groups at Air Canada without a collective agreement. The other union is the International Association of Machinists and Aerospace Workers, which represents repair and ramp crews.



Members of the Air Canada Pilots Association march in protest in front of the company's annual meeting in Calgary, Monday. The pilots have been without a contract for more than a year. **JEFF MCINTOSH/THE CANADIAN PRESS**

Both disputes will be resolved by a mediator ordered by the federal government, which brought in back-to-work legislation after Air Canada locked out the pilots and the Machinists announced they would go on strike. Sharehold-

ers overwhelmingly approved a new policy on executive compensation while Air Canada pilots held an information picket outside the downtown hotel.

The largely symbolic resolution passed with 91.85 per cent approval.

The main opposition came from Air Canada Pilots Association president Paul Strachan.

He argued giving double-digit compensation increases to top executives while extolling austerity to employees is hypocritical. **THE CANADIAN PRESS**

Jury selection starts for Baldwin vs. Costner suit



Actor Kevin Costner arrives at Federal Court in New Orleans with two unidentified women on Monday. **BILL HABER/THE ASSOCIATED PRESS**

Jury selection began Monday in a legal fight between two Hollywood stars over investments in a device used to try to clean up BP's 2010 oil spill in the Gulf of Mexico.

In his lawsuit, actor Stephen Baldwin claims Kevin Costner and a business partner duped Baldwin and a friend out of their share of an \$18-million deal for BP to buy oil-separating centrifuges after the April 2010 spill.

U.S. District Judge Martin L.C. Feldman told prospective jurors they could not be influenced by the celebrity status of

Baldwin and Costner.

Feldman asked the potential jurors whether the entertainers' on-screen portrayals compromised the ability to deliver an objective verdict. No one in the pool said they would feel influenced.

Baldwin and his friend, Spyridon Contogouris, said they didn't know about the deal when they agreed to sell their shares of Ocean Therapy Solutions, a company that marketed the centrifuges to BP, for \$1.4 million and \$500,000, respectively.

BP ordered 32 of the centri-

fuges and deployed a few of the devices on a barge in June 2010. BP capped its blown-out Macondo well the following month and kept more oil from leaking until the well was permanently sealed in September 2010.

Baldwin and Contogouris claim they were deliberately excluded from a June 8 meeting between Costner, his business partner Patrick Smith and BP executive Doug Suttles, who agreed to make an \$18 million deposit on a \$52 million order for the 32 devices, according to the lawsuit.

THE ASSOCIATED PRESS



Actor Stephen Baldwin at Federal Court in New Orleans, Monday. **GERALD HERBERT/THE ASSOCIATED PRESS**

Twitter

Biz Stone working on book

The co-founder of Twitter has a story to tell, and he'll need more than 140 characters.

Biz Stone has a deal with Grand Central Publishing for "Things a Little Bird Told Me," a book about creative thinking that will include personal anecdotes.

Stone, 38, has written two books about blogging: "Genius Strategies for Instant Web Content" and "Who Let The Blogs Out?"

THE ASSOCIATED PRESS

Microsoft

Xbox Smartglass app unveiled

Microsoft Corp. kicked off the Electronic Entertainment Expo on Monday by unveiling new software called Xbox SmartGlass that will allow Xbox 360 users to stream and share content across smartphones, tablets and TVs. It also announced that it was bringing its Internet Explorer browser to the console this fall. SmartGlass was demonstrated in several ways, including turning a smartphone into a remote control used to surf the Web on a TV.

THE ASSOCIATED PRESS



Singer Usher introduces Xbox 360 music video game Dance Central Three in Los Angeles, Monday. **THE ASSOCIATED PRESS**

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SURVIVING YOUR BEST FRIEND'S WEDDING



**SHE
SAYS...**
Jessica Napier
metronews.ca/shesays

It is officially wedding season. Both the time of year and my mid-to-late-twenty-something status mean that my once barren mailbox is now overflowing with invitations, save-the-dates and

thank-you cards from betrothed friends and family members.

As spring rolls into summer, bridal banter seems to be at the top of the agenda at every social gathering. Everyone I know is attending, participating or initiating a wedding in the coming months. In fact, I am taking my inaugural run at being a bridesmaid this upcoming weekend.

Historically, bridesmaids and groomsmen have some interesting origins. Once upon a time, Roman law required that each wedding involve 10 witnesses dressed in similar clothing. The superstitious rationale behind this tradition was that the co-ordinating men and women would confuse any evil spirits present at the wedding and make it difficult to identify the actual bride and groom.

Bridesmaid 101

Wedding-minutia madness can make a completely rational person relatively bonkers. A friend you've seen shrug off a pregnancy scare or an email breakup will freak out over finding the correct Pantone shade of lavender or choosing between a serif versus sans serif invitation font.

weekdays, out of province or internationally; they'll want multiple ceremonies, elaborate engagement parties, three separate bridal showers and week-long bachelorette getaways.

I know what you're thinking, oh that won't happen to me; my friends are just so easygoing. But be warned, even your chilled out bestie might have an inner bridezilla lurking inside of her.

Wedding-minutia madness can make a completely rational person relatively bonkers. A friend you've seen shrug off a pregnancy scare or an email breakup will freak out over finding the correct Pantone shade of lavender or choosing between a serif versus sans serif invitation font.

As a bridesmaid, you might be expected to fork over hundreds if not thousands of dollars on plane tickets, hotel rooms, outfits and alterations, gifts, hair, makeup, nails, and other items all in an effort to recreate the bride-to-be's Pinterest wedding vision board.

On the big day, your laborious bridesmaid experience will culminate in 24 hours of stressful jubilation. You'll smile gracefully at the photographer, in that pre-selected shade of lilac lipstick that you'll never wear again, because you are truly happy for your friend and because in just a few hours, it'll all be over.



Bridesmaids: For keeping the inner 'bridezilla' at bay. FLICKR

Tip of the hat to the queen



GETTY IMAGES

Diamond jubilee

Musical royalty rock palace

A visitor arrives wearing a decorated hat at St. James Park prior to the Diamond Jubilee concert at Buckingham Palace on Monday in London.

Thousands of flag-waving fans gathered to watch British music royalty celebrate Queen Elizabeth II with a Buckingham Palace concert. But the queen's husband, Prince Philip, missed the concert after being hospitalized with a bladder infection.

THE ASSOCIATED PRESS



Will and Kate are seen during the Buckingham Palace concert.
GETTY IMAGES

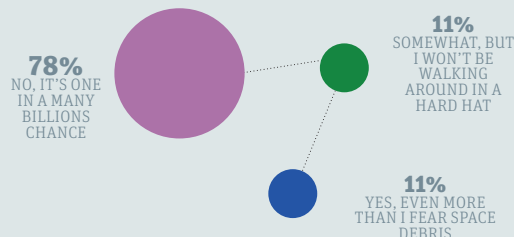
DJ play that song for me

- **The concert featured** Sir Elton John, Sir Paul McCartney, Sir Cliff Richard and Sir Tom Jones — along with Dame Shirley Bassey, Stevie Wonder and younger artists JLS, Kylie Minogue and Will.i.am.
- **The monarch's own musical tastes** are a mystery, as it was reported she brought earplugs to a similar concert a decade ago.
- **According to The Guardian**, the only song the queen has ever been known to request is Some Enchanted Evening from the musical South Pacific.



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Do you fear debris falling from airplanes?



Twitter

@jordanarchibald:

Halifax is one big construction zone.

@feralcrow_hfx:

Another day, another chance for me to steal bread from ducks. Heading over to Sullivan's Pond in Dartmouth. I better not see those swans...

@jennie_rae15:

Homework all dayy. Since my dal courses took all day yesterday. #noschoolforme

@mattdagley:

I'm impressed with the way the Halifax Harbour Bridges have handled the backlash from the Bridget ads.

@VelvetCyclone:

#FakeNews Rex Bannon and Bridget caught in love tryst: love nest high atop Macdonald Bridge

@LeaAnne1982:

mega sirens heard in the Sackville area wonder what happened

DVD reviews



John Carter

Director. Andrew Stanton

Stars. Taylor Kitsch, Lynn Collins, Willem Dafoe

Disney's sci-fi fantasy bomb cost somewhere between a squillion and a bajillion dollars to make and sell. So where did all that loot go? The screenplay by writer/director Andrew Stanton (Finding Nemo, WALL-E) and co-writers Mark Andrews and Michael Chabon is far too faithful to Burroughs' ancient babble, while at the same time being deaf to modern interests. Such things as humour, thrills and genuine jeopardy are seriously lacking here. John Carter, a peace-loving space traveller from the Wild West (played by Canada's Taylor Kitsch), is smothered by CGI and bad dialogue as he journeys from Civil War-era Arizona to Mars, here called Barsoom. On this red planet, the Tharks are at odds with each other and apparently at war with the bloodthirsty Zodangans. And what of the Heliumites? Will peacenik Carter stay and fight? John Carter shares more with a Dr. Seuss cartoon than it does with any self-respecting live-action interstellar adventure.

PETER HOWELL



Robert Pattinson takes an epic limo ride around New York City in *Cosmopolis*. HANDOUT

The cast returns to where it all began

Cosmopolis.

On the eve of the film's opening, the talent assemble in Toronto to talk about making a Cronenberg flick

RICHARD CROUSE
scene@metronews.ca

Last year Robert Pattinson, Paul Giamatti and homegrown stars Emily Hampshire, Sarah Gadon and Kevin Durand gathered in Toronto to shoot *Cosmopolis*, a dark drama for director David Cronenberg.

On Monday the cast reunited with their director for

a press conference I hosted at a downtown Toronto hotel in advance of the movie opening in theatres on Friday.

The tone of the conference was light, and the camaraderie of the cast obvious. Here are some of the highlights:

"I don't know what I was more excited about," said Hampshire, "having David bend over me and show Robert how to get a prostate exam, or Rob bending over me and getting one."

"You don't have to choose," quipped Cronenberg.

Cronenberg also offered up some tongue-in-cheek advice for filmmakers. "I use a little Apple program called iDirector. A little green light goes on if it is OK, or a red light if you need to do another take. It's pretty

straightforward. You can all use it."

Later the director commented on why he wanted his actors to speak the lines of the script exactly as written. "I don't want the actors to be screenwriters," he said, they're not designed for that."

"There were no rewrites," Pattinson chimes in. "Normally that is the first thing you think about as an actor. And you are so used to just changing it the whole time, on every single movie, that with this, once you suddenly got to the idea that you are not changing anything, the script is fine, it's you that are the problem, at least you knew one thing."

Pattinson has a tour-de-force scene at the end of the film, a 22-page two-hander opposite

Oscar nominee Paul Giamatti. The *Sideways* star took a quick break from shooting *Rock of Ages* in Miami to appear in *Cosmopolis*.

"Fortunately the other movie wasn't terribly demanding on me," Giamatti joked. "It was a musical that I was doing and I didn't have to sing or dance. I just had to show up and crack jokes."

"I was panicked about it," he says of his quick turnaround in Toronto. "This thing was intimidating. The length and the language. So I bothered everyone on the other movie to read this thing with me. Fortunately Malin Ackerman made a great Rob Pattinson."

"She was fantastic. I was very disappointed when actually I got here and it was Rob."

2

SCENE

Scene in brief

Starz says goodbye to Spartacus

Starz network says it is ending its highly successful *Spartacus* saga next season. In an unusual move announced Monday, Starz will conclude this action-adventure series while it's still a big hit, and after logging only three seasons (or four, counting a "prequel" season). This season the series drew six million viewers, an enormous number for a paid subscription channel.

THE ASSOCIATED PRESS

On the web



Wilson brings old recipe to new Beach Boys record for 50th year celebration

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

That's the way it is: Kate had to hear it, but Celine had to holler it

THE WORD
Monica Weymouth
scene@metronews.ca

Back in March, Kate Winslet admitted that she, like the rest of us, becomes physically sick upon hearing the opening chords of Titanic's theme song My Heart Will Go On.

"I just have to sit there, you know, kind of straight-faced with a massive internal eye roll," she told MTV News, adding that the song made her "feel like throwing up."

Now, Celine Dion is



empathizing with her — although very diplomatically, considering the chart-topper essentially let her take a decade-long vacation from the real world and its relentless department store playlists.

"My Heart Will Go On gave me the opportunity to be associated with a classic that will live forever.

If I just count how many

times I've sung it, maybe it'll get me sick," she said on the Today Show yesterday.

"If she feels tired just hearing it, and, like, throwing up, I'm glad she was not the one singing it."

As much as we want to enjoy this, the sad, dejected echo of her signature chest thump is getting in the way.

Twitter



@jimmyfallon

Gonna hook up with a surfer gang. I need a cool nickname... Thrird? Caster? Lance?



@wossy

Another beautiful day. At this rate I'm going to run out of my trademarked scandalously revealing thongs...



@ConanOBrien

A 6-year-old was in the National Spelling Bee Finals. She must be quite prekoshus.



@jimmykimmel

bed is good



Sadder than The Notebook: Gosling ain't single

Looks like those break-up rumours can be put to rest, as Ryan Gosling and Eva Mendes have been going everywhere together.

After being spotted in New York last month, the pair were out and about in L.A. Friday running errands before heading to the airport Saturday for a flight to Montreal, according to People magazine. The pair have been dating for nearly a year.



Adele. ALL PHOTOS GETTY IMAGES

Adele on Awards: First I would like to Spanx...

The usually press-shy Adele sat down with Matt Lauer for an interview, during which she admitted that she was a bit worried about her appearance at this year's Grammy Awards.

"I had three or four pairs of Spanx on that night but I loved it," she said, laugh-

ing. "I actually had another dress made and I ended up passed out in it. It had a corset and I was like, 'I can't wear that,' so I ended up wearing this instead." Adele admits, though, that when it came time to perform on the Grammy stage, "I took a couple of pairs off."



Ryan Gosling

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SNOW WHITE GETS SERIOUS

In her new film *Snow White and The Huntsman*, Twilight actress Kristen Stewart plays a dark and violent version of the classic fairy tale heroine. She's up for a sword fight, knows how to throw a punch and lead an army of men to fight her enemies. But off screen she also had to conquer a long-term personal issue.

STEWART FACES FEAR AND SADDLES UP

ROMINA MCGUINNESS
romina.mcguinness@metro.lu

Kristen Stewart isn't scared of blood sucking vampires or monstrous werewolves. She's not even put off by drinking her own blood. But there is one thing she is scared of ... horses. As a youngster she broke and dislocated her elbow falling off a horse and has been reluctant to get back in the saddle ever since. But much to Stewart's dismay, her *Snow White* character in *Snow White and the Huntsman* is no damsel in distress and spends most of the film on horse back as she escapes the clutches of the Evil Queen.

Metro spoke to Sam Dent, Stewart's horse riding instructor, to find out how she finally overcame her fear of falling.

Overcoming fear

"I could tell she was nervous from day one. But that's

Large team

80

The number of horses galloping behind Kristen Stewart during one of the fight scenes in *Snow White and the Huntsman*.

only natural for someone scarred by a bad fall to let their nerves get the best of them, but there isn't much you can actually do to help other than reassure them," Dent tells Metro.

Taking the reins

Horse riding is an exercise in itself and you'll need to be fighting fit if you're going to give it your all ... and not fall off the horse. As an exercise, the effort required to remain seated in an upright position has both cardio and toning benefits, especially in the gallop. But unlike most sports, you're not in control. "The horse — a very powerful creature — is," says Dent. "If they don't want to do something, you need to be phys-

ically and mentally strong to handle them."

Lucky for Dent, Stewart was a keen learner

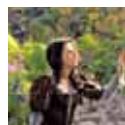
"Kristen was fully concentrated on conquering her fears. Her and Rusty, her horse (they got on great, by the way) would start by spending 15 to 20 minutes in the enclosed arena. Once she got comfortable, we would go into canter (a three time gait with the horse placing one leg, then two together and then the remaining leg on the ground) in the open field. It's funny because when she was on her horse, her nerves didn't show and she never did anything reckless. She was listening and acting like she was confident, even though she wasn't."

Being a Bare devil

Another challenge for Stewart was learning how to ride bareback — that is, without a saddle. Removing the saddle is a risk, as it requires the rider to exert



Quoted



"When Stewart's horse, Rusty, did something unexpected, she would tell him off and be like 'dude, you can't do that to me!'"

Sam Dent
Stewart's horse riding instructor

a higher level of balance and coordination in order to remain on the horse. The absence of a supporting tree and padding between the rider's seat bones and the horse's spine means it's not exactly the most comfortable riding style. "Bareback riding is very fatiguing as you no longer have the saddle to keep you steady" adds Dent. Thankfully, Stewart was fit enough to cope, thanks to her stunt training with the

'boys,' co-stars Chris Hemsworth, Sam Claflin and co.

What did Dent think of her pupil's overall performance?

"Kristen was completely knackered by the end of filming as she had taken up so much extra work physically. The actual riding she did was pretty basic but she's a good rider."

But what about the Huntsman's riding skills?

We know Chris Hemsworth has the advantage of an action hero past, but did this help him ride a horse?

"Chris was a natural. I just needed to bring him back up to speed because even though he'd ridden before, his style was a little too 'cowboy-ish.' I had to straighten him up a bit," reveals Dent. Want to know a fun fact? Hemsworth's horse was called Pinocchio. Not what you'd expect a hunter's horse to be called, but cute.

3
LIFE

On the Web



Operating rooms generating huge amounts of unnecessary waste: Western University study

WALK IN MEDICAL CLINIC

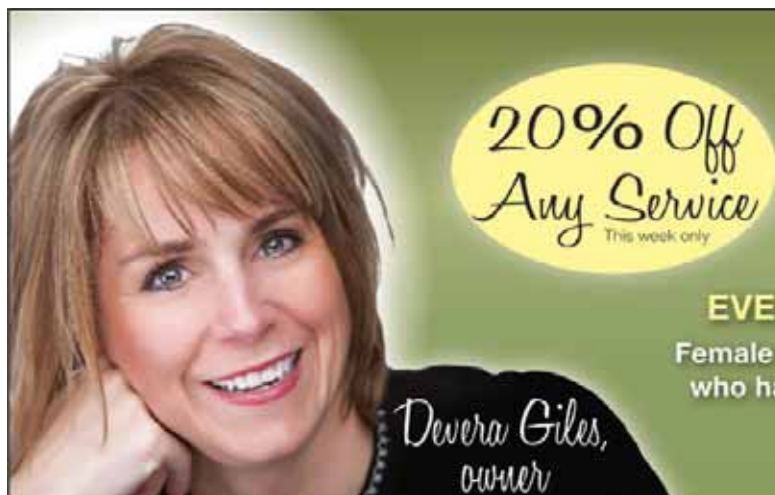
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**LUNCH
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The friendly owner's description of his pulled pork convinces me to try it — slow cooked in banana leaves with chilies and annatto paste. It's served in a burrito — a large tortilla — along with black beans, green salsa, grilled veggies, green onions and lettuce. Delicious.

My friend goes for the tacos — three soft-shelled tortillas. In one she has baked fish, in another vegetables, and in the last slow-cooked spicy beef. She requests several toppings including sour cream, lettuce and guacamole.

There are daily specials, but disappointingly this day's shrimp ceviche is gone.

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Visiting the restaurant

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Price range: \$\$

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Social lunch: Yes

Quick solo lunch: Yes

Peach Chicken Sauté. This easy one-skillet meal is ready in minutes



Ingredients

- 15 ml (1 tbsp) vegetable oil
- 1/2 large onion, thinly sliced
- 1 clove minced garlic
- 4 boneless, skinless chicken breasts
- 1 can (398 ml/14 oz) cling peach slices
- 50 ml (1/4 cup) maple syrup
- 250 ml (1 cup) snow peas
- 1 small red or green pepper, thinly sliced

1. In a large skillet, heat vegetable oil over medium heat. Add onion and garlic and

cook, stirring occasionally, for 2 minutes. Add chicken breasts and cook for 3 to 4 minutes on each side until browned.

2. Meanwhile, drain juice or light syrup from peaches into a measuring cup. Add to skillet along with maple syrup and stir, scraping up any brown bits from the bottom of the pan. Add peach slices, snow peas and red pepper. Cover pan with lid and cook for about 5 minutes, until chicken is cooked through.

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Blueberry Study for Macular Degeneration



What is the aim of the study?

To see if a blueberry-enriched diet is able to influence the progression of macular degeneration in individuals with early macular degeneration.

Who can take part?

We are looking for 2 groups of people:

- 1) Healthy individuals between the ages of 55 and 75 with early macular degeneration.
- 3) Healthy individuals between the ages of 55 and 75 who do not suffer from any eye conditions (e.g. glaucoma).

What does the study involve?

The study involves dietary supplementation with blueberry juice. Over two 6-week periods, you will be asked to drink a daily 250ml measure of juice.

The trial will take a total of 7 months to complete. During the 7 months, you will attend six appointments. Each appointment will last approximately 3 hours.

Interested in taking part? For more information, please contact Shona Hadwin 470-2742 • shona.hadwin@iwk.nshealth.ca



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Kids need a boost when it comes to activity

CELIA MILNE
life@metronews.ca

Our children got an "F" in active play.

That's the mark Canadian kids received on the 2012 report card issued by Active Healthy Kids Canada. The report found that 63 per cent of children's free time after school and on weekends is sedentary.

"I don't like the idea of them hanging out on the streets or going to the park unsupervised," says Genevieve Lopes, 34, a single mom in Toronto who lives in a basement apartment with her daughters Ashley, 13, and Larissa, 9. "If you don't keep them busy, kids just sit and text."

Lopes, who is currently on disability from a full-time bank job, feels lucky to have found St. Alban's Boys and Girls Club, where the girls swim, skateboard and rock climb after school.

But millions of Canadian parents are challenged to meet the guideline of keeping kids active for an hour a day. Only seven per cent of children are



Only seven per cent of children are active enough: study. ISTOCK PHOTO

meeting that goal.

What can parents do to boost their children's physical activity levels? "Chill out and get out," says Dr. Mark Tremblay, chief scientific officer of Active Healthy Kids Canada in Ottawa. He suggests that parents model an active lifestyle by "playing" outside. Another suggestion is to limit screen time (in-

cluding texting) to no more than two hours a day. Some kids are currently plugged in for a whopping eight hours a day.

"Resist buying a new video game, TV, or computer and instead dedicate that money to active play equipment such as a hockey net, a basketball net, a new bike, a skipping rope, driveway chalk, or a ball," says Tremblay.

Wanted: Youth to win \$1,000 scholarships

Financial literacy. A mutual fund company is offering young adults the chance to learn about investing, and fattening their wallets



YOUR MONEY
Alison Griffiths
money@metronews.ca
Twitter: @alisononmoney

There's no lack of summer activities for teens and young adults but here's a summer project I'd like to add to their list. And it comes with a carrot attached — ten \$1,000 scholarships. That's worth giving up a bit of gaming, TV or chat time to enter.

The annual scholarships are provided by Brandes Investment Partners, a mutual fund company, (brandesscholarship.ca) for those 16-22 years old — entry deadline is July 20.

The warm-up is a financial personality quiz called The Money Factor. Though

Alison's money rule

"Teaching our youth about investing is as important as lessons on debt and credit."

I'm a tad past the age of 22 I took it and discovered I'm on the boring side financially.

The quiz takes about five minutes and I scored higher as a Saver than a Spender, I'm slightly more of a Risk Avoider than a Risk Taker and my financial interest ranks on the high side, a good thing considering my job.

The quiz is fun and quite interesting with youth-friendly questions about coin tosses and what to do with found money. At the end you're encouraged to apply for one of the ten scholarships. But it's not just easy money because applicants have to submit a 250-word essay about their money personality and three things learned from the quiz.

What I particularly like about the Brandes initiative is that it tilts toward

Who's thinking ahead?

- 43%. Percentage of Canadians 18 to 34 that have an RRSP.
- 16%. Percentage of Canadians 18 to 34 that contributed the maximum to their RRSP in 2012, down from 33% in 2011.

investing. The focus on money education these days tends to be about debt, credit, saving and spending — important arrows in everyone's financial quiver.

But I believe knowledge about investing is the real key to financial freedom and independence, especially for today's youth who won't enjoy the same safety net of past generations.

As well, employees are increasingly being handed the reins to their workplace pension programs and being asked to make decisions without having a clue about what they are doing. Most employees don't know anything about the investments in these plans, never mind fees charged and risk levels. When our youth becomes



On their own: Investing is key for today's youth as they won't enjoy the same safety net as their parents. ISTOCK IMAGES

investment savvy those of us who are little older will have one less worry on our

plate.
ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE

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Sounding off on napkins at the dinner table



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

A reader of my column recently complained that I did not understand the correct etiquette for table napkins and explained in her very rude email how she felt I was absolutely wrong.

But before I continue, I do wish to make one point perfectly clear: I do fact check my material for both accuracy and logic before I submit it to my editors at Metro.

The reader specifically complained how I am wrong to say "In the event that you must leave the table, do not ever leave your dinner napkin on the table, leave it on your chair."

The reader instead in-

sisted a dinner napkin is always left on the table to the left of the forks, unfolded, while you temporarily excuse yourself from the table.

Interestingly enough, Emily Post, Etiquette, 17th edition, page 386 says "Put your napkin to the left side of your plate when the meal ends or whenever you excuse yourself from the table."

And Amy Vanderbilt Complete book of Etiquette, 1952, page 252 says "If for any reason, you must leave the table during the meal, place the used napkin casually, not refolded, to the left of your fork"

However there is another side to this coin. Pamela Eyring, President of The Protocol School of Washington says the napkin is always left "Unfolded on

your chair. When it is left unfolded on the table this is the 'silent service signal' that you are not returning."

In addition, Mr. Louis Dussault, who has been the chief of protocol for both the City of Montreal and the Province of Quebec, says "The napkin is put on the chair and (optional) the guest pushes the chair under the table."

At my Butler School in Toronto we teach in table manners class that the napkin is always left on the chair, not the table, until the end of the meal.

So where does this leave us? Remember in etiquette, sometimes there is no right or wrong answer but a variance in customs and cultures, and more importantly etiquette teaches us how to best interact and accept others' differences.

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"Academic qualifications are important and so is financial education. Schools are forgetting one of them."



Robert Kiyosaki will not attend this event
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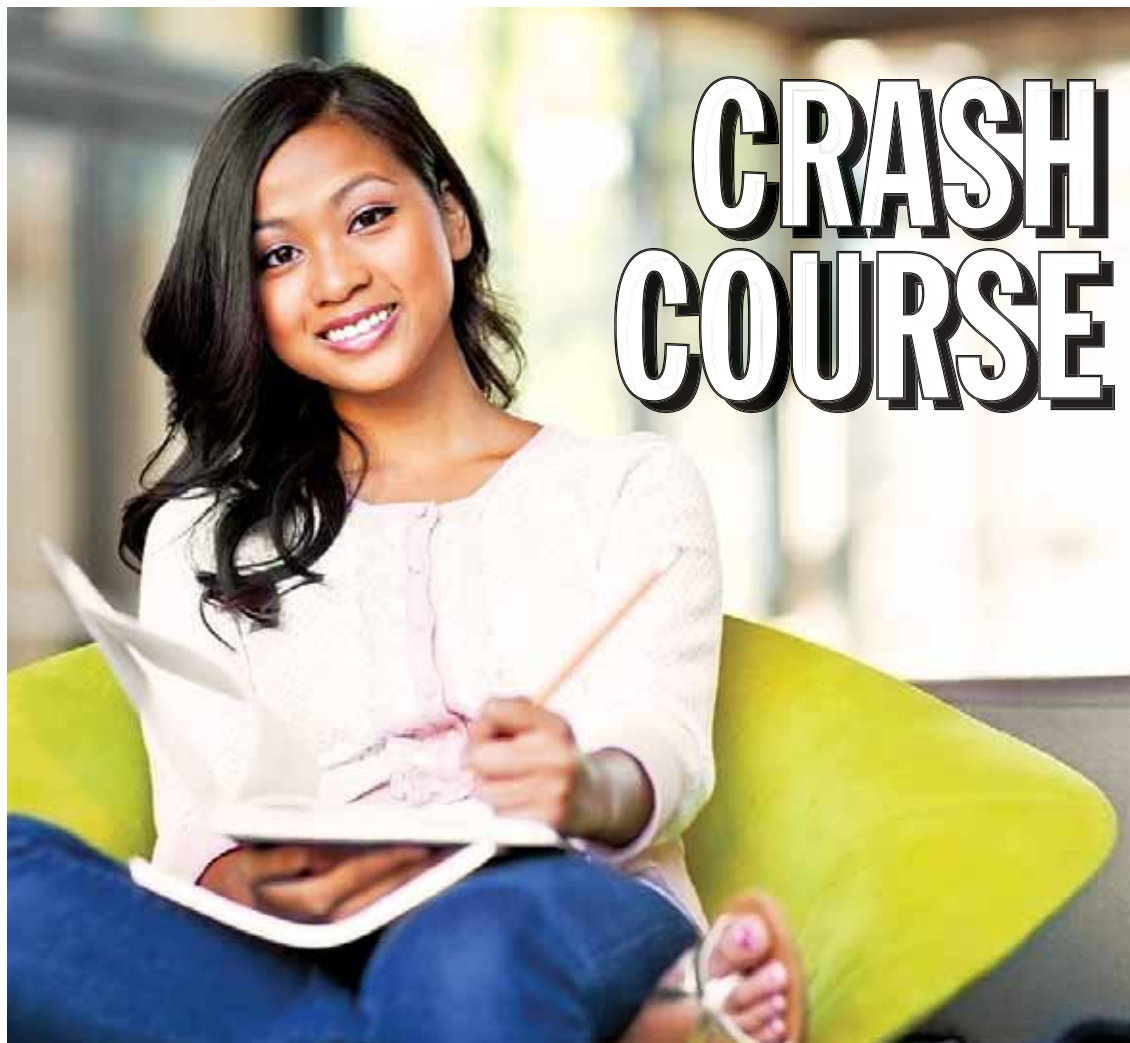
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IT'S STILL NOT TOO LATE FOR STUDENTS TO FIND A SUMMER JOB

The arrival of June may bring a sense of panic in university students still without a summer job, but it's not too late to land a post that will pay the bills and possibly even kick-start your career.

John Horn, associate director of career development at the University of British Columbia, spoke to Metro after leading a "crash course on careers" workshop to help students get a summer job.

"There are still opportunities out there," he says, noting that July and Au-

gust traditionally see a spike in summer job postings.

He says the first step is to get your resumé and cover letters polished. Second, visit your student services centre, employment centres and online job boards, and start applying.

Holm says there are two main categories of summer job: Those that pay the bills; and those that start your career. For the former, look at something you would actually enjoy, say working outside or in a location you

like, while for the latter focus on positions that can develop career skills.

"Know the purpose of your summer work. Really think about the core skills and competencies that employers look for when they hire summer students — and their next vice-president," he says.

Don't despair if your job search comes up empty. Some of the most successful people in Canada struck out on summer jobs and then created their own. Holm says he recently spoke to a former student who started a house-washing



WAVEBREAK MEDIA/THINKSTOCK

business one summer. "He turned it into a medium-sized business in Vancouver."

Holm admits he rarely sees true-blood entrepreneurs, as they tend to go it alone, but he says it's worth stopping by student services.

They can help you find grants and partners to start your own summer business.

For example, Robert Zed's first summer job was a



miserable affair that saw him cleaning up cigarette butts in Saint John, N.B. He learned how to get government grants to start summer businesses and created a program to help senior citizens. He soon had 10 students working for him and embarked on an entrepreneurial career that has turned into the highly successful Zed Events in Halifax.

Ontario student Grieg Clark started painting houses in the summer of 1971. His business grew into College Pro Painters, which has hundreds of franchises across North America and millions of dollars in sales.

— Jon Tattrie



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A TASTE OF EXTREME FUNDRAISING

"We're definitely going to do something gross."

Success College student Ashly Whitworth is organizing a gruelling game of Fear Factor for a major fundraiser June 27 (from 1-4 p.m.) at the Lower Sackville campus.

The business administration program has turned itself into a networking machine to prepare for the event. Its goal: To raise \$5,000 for the Sackville-Bedford Early Intervention Program. The non-profit charitable organization targets families with children who are experiencing developmental delays/disorders. Proceeds raised will go towards expensive equipment needed to help with the progress and growth of those enrolled in the program.

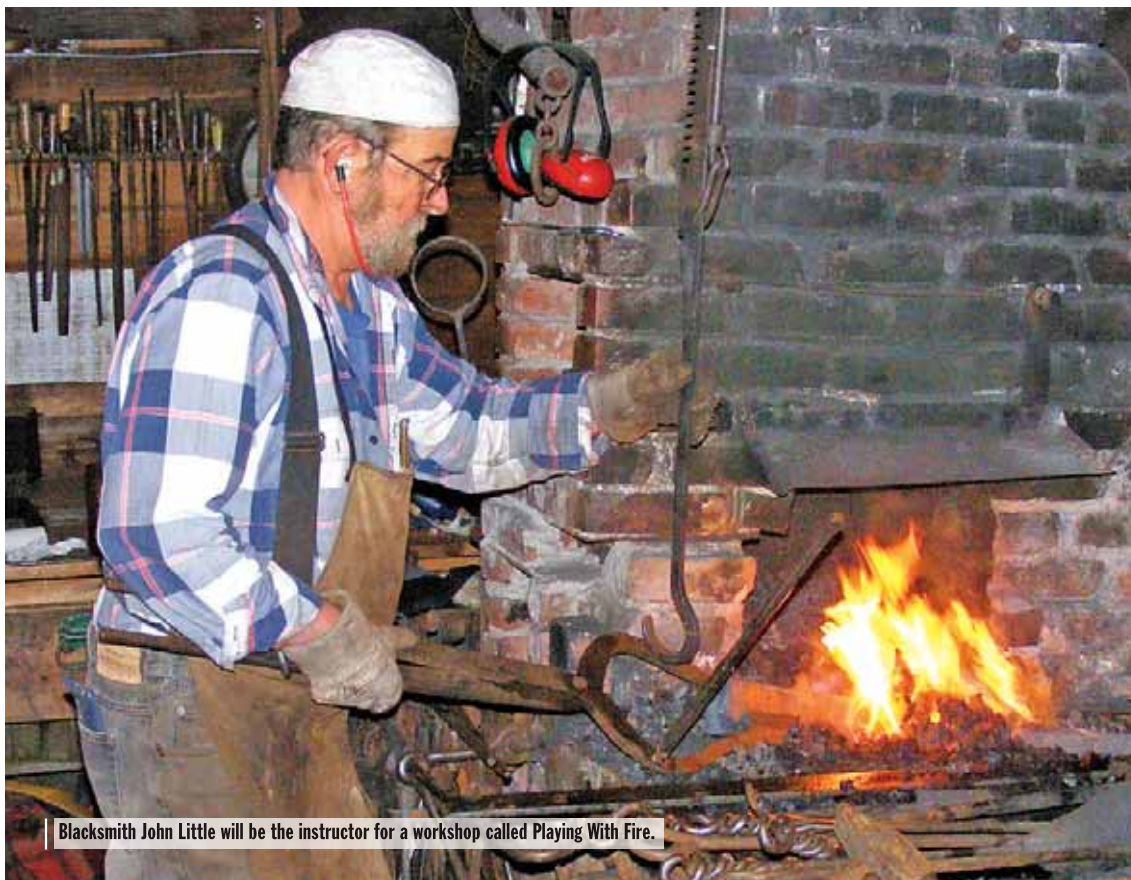
The class has been strategically divided into teams. Besides organizing Fear Factor, Whitworth is overseeing the dunk tank competition and is involved in marketing and promoting the fundraiser to the local media.

Whitworth says the project is giving her the experience she needs to help her decide on her future goals.

"In the little teams I've had, people really look to me for guidance, sometimes I'm bossy, but I like the fact that I can delegate tasks. Hopefully, I'm going to be a manager because it already kind of naturally happens."

She says this whole experience has been life-changing.

"I signed up and it's one of the best decisions I've made because I've learned so much ... and I'm more confident. I feel like I can really make it in the workforce."



Blacksmith John Little will be the instructor for a workshop called Playing With Fire.

NSCAD UNIVERSITY PHOTO

SUMMER CAMP FOR ADULTS

NSCAD UNIVERSITY TO OFFER VARIETY OF WEEKLONG WORKSHOPS

The inaugural 125 Summer Institute at NSCAD University will offer 12 week-long workshops this summer. Some of the disciplines the workshops cover include jewelry casting, typography and oil portraits.

"This is the beginning of what we hope becomes a regular part of the programming at the School of Extended Studies," says program co-ordinator Catherine Allen.

The broad range of workshops target people with different levels of art experience, be it the newcomer, hobbyists,

as well as professional artists.

"We want it to be accessible," says Allen.

For a period of three weeks during the summer, four workshops will be offered each week, with classes running from 9 a.m. to 4 p.m. on weekdays. This immersion will allow people to make rapid progress in the workshops they choose.

Each workshop includes a welcome reception, morning coffee breaks and a closing lunch at the end of the week.

The 125 Summer Institute can be

thought of as a "summer camp for adults," says Allen, and is the perfect way to spend a week or two while one is on vacation. The workshops are for people older than the age of 16. NSCAD offers other summer programming options for children through its School of Extended Studies, but not within the 125 Summer Institute.

The costs of the workshops vary, but most workshops cost \$360 plus HST, while the most expensive one is \$650 plus HST.

— Richard Woodbury

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NSCAD
UNIVERSITY

4

SPORTS

Quoted

"This is a great honour for myself. Growing up in Bridgewater, it was a great community and I had a lot of support from family and friends. I was very humbled and it's an honour to be (among) these great athletes and I look forward to Nov. 3. It's going to be a great night."

Bridgewater's Glen Murray, a former NHL forward with the Boston Bruins and several other teams, on being part of the 2012 induction class to the Nova Scotia Sport Hall of Fame. The ceremony is Nov. 3 in Halifax. THE CANADIAN PRESS

On the web



Peyton Manning has seemingly been through every pressure situation imaginable during 13 stellar NFL seasons. But since joining the Broncos, the four-time MVP quarterback is facing previously unseen levels of scrutiny in Denver. Scan the code for the story.

Rising Phoenix eager to pick from Mooseheads

QMJHL. Two players not on Halifax's protected list expected to be taken by expansion-team Sherbrooke



MATTHEW WUEST

matthew.wuest@metronews.ca

Patrick Charbonneau has no complaints about who the Halifax Mooseheads have left exposed for the QMJHL expansion draft.

Courtesy of a deep Mooseheads roster that is expected to contend for a championship next season, the Sherbrooke Phoenix general manager expects to land two players on Wednesday who can step into his lineup immediately.

"Am I going to name names? No. But I can pick two players from Halifax who will make my team, and I can't say that for every team," said Charbonneau, who will make his selections on Wednesday at 10 a.m. in Quebec City.

"They gave me many options. There were about five teams in the league in Halifax's situation — they easily could have protected 20 players."

The Mooseheads could only protect 16 players and the list is top secret, not made public by the team or the league. The Phoenix can take no more than two players from each team, including a maximum of one goalie.

While Charbonneau and Mooseheads general manager Cam Russell aren't naming names, there's a good chance

On the web

Metro reporter Matthew Wuest will be at the QMJHL draft in Quebec City this week. Follow his coverage via @metroqfiles on Twitter or metronews.ca/sports

17-year-old forward Alexandre Sills — a 2011 fifth-round draft choice — will be one of Sherbrooke's selections.

The other could be a more experienced player, with possibilities including over-agers Sawyer Hannay, Brad Cuzner or Alexandre Cote, or 18-year-old defenceman Mitchell Shewfelt.

Charbonneau said he's had ongoing discussions with the players he's interested in selecting.

"Not every player wants to play for an expansion team," Charbonneau said. "Sherbrooke will be a great place to play but we still have to prove ourselves and we have to try to see if players are interested (in reporting)."

Charbonneau, the QMJHL's former director of Central Scouting, can have five over-agers on his team next season and he plans to fill that quota, but he said he'll be cautious not to take too many 19-year-olds.

He wants a mix of youth and experience with his picks.

More than anything, Charbonneau is eager to have players behind the team name.

"It's been a long year," he said. "It's 'if and if and if and if,' and finally, we're starting to get some real stuff going on. It's about time and we're excited to start something new in Sherbrooke."



Although the Mooseheads' protected list for the expansion draft has not been released to media, over-ager Brad Cuzner might be available to the Sherbrooke Phoenix on Wednesday. RYAN TAPLIN/METRO

Olympic medallist highlights Hall of Fame inductees



Steve Giles at a press conference on Monday after being announced as part of the Nova Scotia Sport Hall of Fame's 2012 induction class. RYAN TAPLIN/METRO

Lake Echo canoeist Steve Giles, a former Olympic bronze medallist, highlights this year's class of Nova Scotia Sport Hall of Fame inductees.

Giles, who claimed bronze in the C-1 1,000-metre event at the 2000 Games in Sydney, Australia, was announced Monday as one of four athletes, two builders and one team who will join the Hall at a ceremony on Nov. 3 in Halifax.

"It's a real honour," said Giles, now 39. "I started my career in Lake Echo at a small Nova Scotia club ... my coach was from Nova Scotia, and we trained together my whole career. Anytime I raced (wear-

Hall of famers

List of 2012 inductees in the Nova Scotia Sport Hall of Fame, announced Monday:

- **Builders.** Jack Graham, Antigonish (tennis); Howard Jackson, Bridgetown (volleyball).
- **Athletes.** Julie Barton,

Dartmouth (table tennis); Steve Giles, Lake Echo (canoe); Vince Horsman, Dartmouth (baseball); Glen Murray, Bridgewater (hockey).

- **Team.** 2001 Halifax King of Donair senior men's soccer team.

ing the) Canada flag I always had the Nova Scotia flag in my heart. I'm really looking forward to November."

Giles went to four Olympics before retiring following the Athens Games in 2004

and was a gold medallist in the C-1 1,000 at the 1998 world championships in Szeged, Hungary, in addition to bronze medals in the C-1 500 in 1993 and the C-1 1,000 in 2002. MATTHEW WUEST/METRO



Sharapova survives in Paris

Maria Sharapova returns a shot to Klara Zakopalova at the French Open on Monday in Paris. After breezing through her first three matches, second-seeded Sharapova got stymied as much by her opponent as her own shaky play, to say nothing of the windy, damp conditions Monday at Roland Garros. She persevered in a 6-4, 6-7 (5), 6-2 victory over 44th-ranked Zakopalova in a match that took three hours, 11 minutes. CLIVE BRUNSKILL/GETTY IMAGES

Kings one game away from being crowned champions

NHL. Quick leads Los Angeles to shutout over Devils to take 3-0 series lead in final

The Los Angeles Kings are on the verge of greatness. It's only going to take one more win for them to be crowned Stanley Cup champions.

On a night when Wayne Gretzky dropped the puck on a ceremonial faceoff, the Kings moved one step closer to joining The Great One's 1988 Edmonton Oilers as the most dominant NHL champions in history.

Jonathan Quick continued his otherworldly play Monday by stopping all 22 shots he faced as Los Angeles drove a dagger through the hearts of the New Jersey Devils with a 4-0 victory. The Kings hold a 3-0 series lead for a fourth time this post-season.

"If we win one more game, I hope the San Andreas fault can take it," Kings forward Dustin Penner said.

It appears as though the



Anze Kopitar scores on New Jersey's Martin Brodeur on Monday night in Los Angeles. JEFF GROSS/GETTY IMAGES

Devils share something in common with each of the Kings previous three opponents — they have no answer for Quick, who looks like a slam dunk selection to win the Conn Smythe Trophy as playoff MVP.

The goaltender was particularly sharp in the first period, when the score was still 0-0 and the Devils enjoyed a 5-on-3 ad-

vantage for 59 seconds. He got his pad on a dangerous chance from Ilya Kovalchuk.

"You've got to find a way to score goals," Devils forward David Clarkson said. "We've been putting the puck on the net. Like I said we've been working hard ... and we're going to continue to push. We're not done yet." THE CANADIAN PRESS

Game 3

4

Kings

0

Devils

NBA

Canadian subs in for Silva at UFC 149

Light-heavyweight Thiago Silva and welterweight Thiago Alves are off the UFC 149 card July 21 in Calgary due to injury.

Silva was due to meet former 205-pound champion Mauricio (Shogun) Rua while Alves was slated to face Siyar Bahadurzada, who was an injury replacement for Yoshihiro Akiyama.

Chris Clements of London, Ont., will step in for Alves at the Scotiabank Saddledome. Clements (11-4) won a split decision in his UFC debut at UFC 145 over Keith Wisniewski.

THE CANADIAN PRESS

NFL

League plans for replacement refs

The NFL will start hiring and training possible replacement officials with a deal not yet completed with the NFL Referees Association. Talks between the league and the officials broke down after two mediation sessions that followed nine bargaining negotiations since October.

The NFLRA said the league "terminated negotiations" on Monday.

THE ASSOCIATED PRESS

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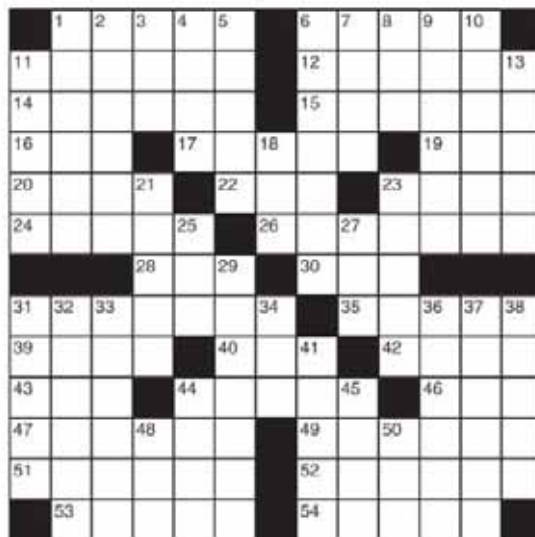
Crossword

Across

- 1 Big Bad Wolf's breaths
6 Sandtrap club
11 Slain
12 Big lizard
14 Start of a Cole Porter title
15 14-Across follower
16 Billboards
17 Graf rival
19 Pitch
20 Active one
22 Equipment
23 Ms. Moore
24 Sin city
26 Muse of music
28 Rowing tool
30 Shriek bark
31 Release
35 Sweet (Ital.)
39 Cupid's alias
40 Seesaw quorum
42 Legal wrong
43 Opposite of "post-"
44 Put up
46 Crying sound effect
47 15-Across follower
49 47-Across follower
51 Lawrence's bailiwick
52 Obliterates
53 Let flow accidentally
54 "Monopoly" payments

Down

- 1 Jinx
2 Still in the box
3 Nourished
4 Not so tall tales?
5 Villain's countenance
6 Mobster
7 Hollywood clashers
8 Press for payment
9 Spat
10 Set up a bivouac
11 Pairs
13 High nest
18 Golfer's concern
21 Santa's runways
23 Station
25 Scratch
27 Young Mr. Lincoln
29 Safe haven
31 Anatomical partitions
32 Imperfections
33 Shoe reinforcement
34 Ram's ma'am
36 Bottom
37 Warehouse stack
38 Group character
41 Yellow-brown shade
44 Old-time actor Jannings
45 Went like 90



48 Sapporo sash
50 Fellow

Sudoku

	9		5	6		2		
		7	1		9	3		
	1	3				6	4	
			3	4				
2								1
			9	2				
	5	2				7	8	
		9	7		8	5		
	4		6	1		3		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Weekend's Sudoku

5	7	2	1	6	3	9	8	4
1	6	4	9	8	7	6	3	2
8	9	3	5	4	2	1	7	6
6	5	8	7	2	4	3	9	1
9	3	1	8	5	6	2	4	7
4	2	7	3	1	9	6	5	8
7	4	5	6	9	1	8	2	3
3	1	9	2	7	8	4	6	5
2	8	6	4	3	5	7	1	9

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

IWOOTICEH ITOZUET ICPP
QUR GUZZCSR ICEHSZ RTE
TZ OQCP IQS'R KS
EUGSR KFSZPM SFSZPM
Yesterday's Cryptoquip: WHEN THE FEUDAL
BONDMAN GOT OUT OF BED, HIS FELLOW
VASSALS MIGHT'VE PROCLAIMED "SERF'S UP!"
Today's Cryptoquip Clue: R equals D



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

♈ Aries | March 21 - April 20.
Get out and about and see and be seen. This is one of the best times of the year for travel and social activities, and it's not a bad time for romance either.
♉ Taurus | April 21 - May 21.
You are no doubt incredibly busy at the moment but there are more important things than work going on in your world.
♊ Gemini | May 22 - June 20.
While a new relationship may be exciting the planets warn it is unlikely to stand the test of time, so don't allow yourself to get too emotionally involved.
♋ Cancer | June 21 - July 22.
You will behave in an excessive way and if there is someone you have admired from afar you may not be

able to keep your feelings a secret.
♌ Leo | July 23 - Aug. 22. Before You won't have to do much to get yourself noticed today: heads will turn as you walk down the street.
♍ Virgo | Aug. 23 - Sept. 22. You will act out of character today and some people may think you have taken leave of your senses. Maybe you have, but what of it?
♎ Libra | Sept. 23 - Oct. 22. At some point today you will realize that nothing ever really happens by chance, that all experiences — both positive and negative — are designed to help you reach your potential.
♏ Scorpio | Oct. 23 - Nov. 21. Something unusual will happen today, it will be exciting and it will be the kind of thing you want to

happen again.
♐ Sagittarius | Nov. 22 - Dec. 21. How can you improve a relationship? To start with you could try being more forgiving.
♑ Capricorn | Dec. 22 - Jan 20. What is your purpose? If you don't know the answer to that question you must make it your mission to find out over the next few days.
♒ Aquarius | Jan. 21 - Feb 18. Don't worry about tomorrow and the struggles it might bring, think only of the day ahead and the joys you are free to experience.
♓ Pisces | Feb. 19 - March 20. Sit back and let the world entertain you today. Both at home and at work people will go out of their way to bring a smile to your face.
SALLY BROMPTON

Today
11°/7°
Rain
70%

Wednesday
12°/8°
Showers
60%

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Caption Contest

"We prayed for the world's largest swimming pool, and we got it!"
Matt

K.M. CHAUDHARY/THE ASSOCIATED PRESS

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